

Teen Social Skills Group

Making Conversation and Making Friends



Some teens have difficulty picking up on social cues and understanding the perspectives of others. Knowing how someone might react to something that we say or do makes it a struggle to start or engage in a conversation!

Does your teen have a hard time handling social situations or has a hard time making friends and engaging in meaningful conversation? Is keeping friends a challenge?

Sessions Start:

Start Date: Wednesday, March 9th, 2022

Runs Wednesdays: 5:00 PM – 5:45 PM

Length: 6 weeks (runs through April 13th)

Ages: 12 – 16 years old (boys and girls)

Group Size: 6



Location: Integrative Psyche, 10150 W. National Ave., Suite 390, Milwaukee, WI 53227



Goal: To increase understanding of how to navigate through various social situations occurring in daily life and to better communicate and socialize with peers and others.

Objectives: A group for teens to build successful social skills!

1. Understand appropriate group roles in order to complete group tasks.
2. Learn what factors contribute to a healthy friendship.
3. Be able to identify various components of successful communication and socializing.
4. Discuss and build on engaging in spontaneous, age-appropriate conversations.



Preregistration Required: contact Integrative Psyche at 414-545-4430 or by email: integrativepsychmanager@gmail.com

Cost: \$50 per session for the 6 week program. Pay ahead and save! Cost is \$275 if paid before the first session.

