

Unplugged:

Teen Talk

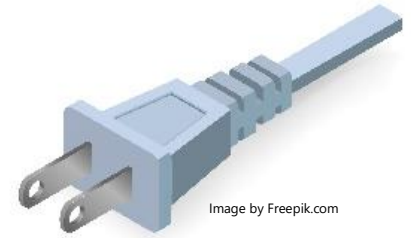


Image by Freepik.com

A fun and safe space for teens of varying abilities to hang out and develop friendships while engaging in socialization skills with peers. Experiences are explored through playing games, activities, and socializing.



Photo by Eyestetix Studio on Unsplash

Chill

Join Us:

Start Date: April 12th, 2023

Wednesdays: 5:00 PM – 5:45 PM

Length: 6 weeks (runs through May 17th, 2023)

Ages: 13 – 17 years old (boys and girls)

Group Size: 8 – 10

Hangout

Teens need socialization and leisure engagement. Activities such as baking, cooking, games, and crafting can encourage socialization, finding common interests, decision making, and patience. Unplug and hang out with us!

Relax

Play Cards



Image Source Depositphotos

Have a Snack

Chat

Goal: To encourage social interaction and learn to better communicate and socialize with peers and others. Practice executive functioning skills by planning, organizing and making decisions with the incentive of having fun while doing it!

Objectives: Form new friendships and relationships while exploring and engaging in fun group activities!

1. Practice problem solving skills and collaboration.
2. Learn socialization skills while making snacks, playing games, and forming new friendships.
3. Practice flexible thinking when unexpected changes happen in a game.
4. Discuss and build on engaging in spontaneous, age-appropriate conversations.



Preregistration Required: contact Integrative Psyche at 414-545-4430 or by email: integrativepsychgroups@gmail.com

Cost: \$295. *Early Bird Special* – Register and pay by March 20, 2023 and SAVE \$20!

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