

# Teen Social Skills Group

## Making Conversation and Making Friends



Some teens have difficulty picking up on social cues and understanding the perspectives of others. Knowing how someone might react to something that we say or do makes it a struggle to start or engage in a conversation!

Does your teen have a hard time handling social situations or has a hard time making friends and engaging in meaningful conversation? Is keeping friends a challenge?

### Sessions Start:

**Start Date:** Wednesday, July 13<sup>th</sup>, 2022

**Runs Wednesdays:** 5:00 PM – 5:45 PM

**Length:** 6 weeks (runs through August 17<sup>th</sup>)

**Ages:** 12 – 16 years old (boys and girls)

**Group Size:** 10



**Location:** Integrative Psyche, 10150 W. National Ave., Suite 390, Milwaukee, WI 53227



**Goal:** To increase understanding of how to navigate through various social situations occurring in daily life and to better communicate and socialize with peers and others.

**Objectives:** A group for teens to build successful social skills!

1. Understand appropriate group roles in order to complete group tasks.
2. Learn what factors contribute to a healthy friendship.
3. Be able to identify various components of successful communication and socializing.
4. Discuss and build on engaging in spontaneous, age-appropriate conversations.



**Preregistration Required:** contact Integrative Psyche at 414-545-4430 or by email: [integrativepsychegroups@gmail.com](mailto:integrativepsychegroups@gmail.com)

**Cost:** \$295 for the 6-week program.

