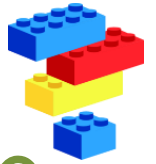




Photo by Alexandr Podvalny on Unsplash



# PLAY makes life more fun!

Therapeutic play helps children with social or emotional deficits and is appropriate for children with academic and social problems, learning disabilities, behavioral disorders, anxiety, depression, grief, anger, as well as those with attention deficit disorders or who are on the autism spectrum.

**Tuesdays:** 4:00PM – 4:45PM

**Starts:** Tuesday, September 13<sup>th</sup>, 2022

**Length:** 6 weeks (runs through October 18<sup>th</sup>)

**Ages:** 4 – 6 years old (boys and girls)

**Group Size:** 4 – 5

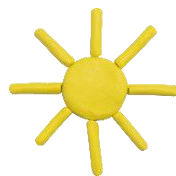
*Facilitated by a Psychologist and an Occupational Therapist*



Photo by La-Rel Easter on Unsplash



Photo by Giu Vicente on Unsplash



## PLAY Can Be SO MUCH MORE...

**Goal:** To help children learn various skills through play-based activities and to practice how to express themselves in healthier ways.

**Objectives:** A play group for young kids to encourage expression through play activities.

1. Strengthen social skills such as turn taking, perspective taking, team work, and communication.
2. Improve cognitive skills such as attention, decision making, memory, and planning.
3. Discover ways to release energy in a safe, effective manner.
4. Learn more about how play can benefit development.

**Preregistration Required:** contact Integrative Psyche at 414-545-4430 or by email: [Integrativepsychegroups@gmail.com](mailto:Integrativepsychegroups@gmail.com)

**Cost:** \$295 for the 6-week program.

